

### POLAR LATITUDES®

# **ADVENTURES IN ANTARCTICA**

Voyages in Nov 2025, Feb<sup>-</sup>2026, & Nov 2026

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## What's your perfect Antarctica experience?

Thank you for considering Polar Latitudes for your Antarctica trip of a lifetime. As someone who has been there perhaps a hundred times, I can say with complete confidence that there is no place on earth that is as life-changing – and life-affirming – as this incredible part of the world. But there are differences in how you might experience it, and maybe you're weighing those differences as you read this. You might be looking for the least expensive travel option. Or perhaps you're looking for the most luxurious, or a ship with boundless onboard entertainment choices. Truth be told, none of those descriptions accurately defines us. And that's by design.

What we are, and what we will always be, is your "most Antarctica" option. Our constant focus is on getting you off the ship and intimately engaged with this ethereal landscape more often, and for longer, than anyone else in these waters. Our two ships, the Seaventure and Ocean Albatros, are both smaller, more personalized, and custom-built for the Polar region's unique challenges and opportunities. Their respective ice-class ratings, among the highest for a passenger ship, mean they – and we – can escort you into places that would turn away a less capable ship, all while offering bow-to-stern comfort and safety.

And our ships are staffed with an expedition team that averages a dozen years' experience per person – an invaluable asset in this unpredictable and ever-changing environment. On board, multiple outdoor viewing and event spaces and oversized picture windows throughout our ships all serve to keep Antarctica front and center. For those who choose to journey with us, these are the perfect ingredients for getting the most from this once-in-a-lifetime adventure. It's why 95% of our passengers say they'd recommend us to their families and friends. We hope to see you on board, or more accurately, off our ships and exploring this amazing place with us.

John McKeon CEO and Founding Partner, Polar Latitudes





# Our penguins are cuter than their penguins

That sounds ridiculous because it is. And therein lies the difficulty in deciding which Antarctica-bound travel company to trust with your bucket list holiday. Browsing through websites, the similarities are hard to miss: photos of majestic icebergs and incredible wildlife (including universally cute penguins) assurances of highly experienced onboard staff and Expedition Teams, first class food and accommodations and, of course, a strong emphasis on safety. But if all that is true (and for the most part it is), how does one decide? Well, here are five things that are of particular importance to us. If they're important to you too, then we'll see you on board.

### 1 We offer the most immersive Antarctic experience.

Longer excursions, a deeper knowledge of Antarctica's often elusive charms, and an ability to improvise when an opportunity presents itself – these are some of the advantages earned over the course of 13 years traveling exclusively to this magical part of the world.

**2** We are founder owned and operated. We are not a gleam in the eye of a hedge-fund manager, and we are not part of a giant hospitality operation. We are a small group of adventurous souls who started this company because we share a deep love for Antarctica and wanted to create a better Antarctic experience. Even after more than a decade, we still relish sharing this experience – and this love – with everyone who journeys with us.

**3** We offer a small ship, highly-personalized experience There's no "herding," no early and late dinner shifts, no endless waiting for your turn to board a Zodiac. On a Polar Latitudes voyage, we're all one team, and Antarctica is an intimate, personalized, and gloriously seamless experience we share together.

**4** You'll feel like family. We hear this all the time from departing passengers, and we love it. On board, you're not just a passenger, you're a fellow explorer. Your dinner tablemates might be expedition leaders, photography coaches, our whale-tracking partners from Woods Hole, or even our president, who still travels with us several times a year. By the end of your journey, you'll know us by name, and you may even make some new friends for life.

**5** Our staff is better than just great – they're all in. Our staff, top to bottom, is among the most experienced, most skilled team in Antarctica, and they typically return to us year after year (a rarity). Our Expedition Team, in particular, averages over a dozen years' experience. They genuinely love what they do, still marvel at seeing Antarctica through the eyes of first-time explorers, and collectively cultivate a ship-wide atmosphere of shared discovery, excitement and fun.

### ADVENTURES IN ANTARCTICA

### 11 DAYS / 9 NIGHTS ON BOARD

### USHUAIA TO USHUAIA

All the best of a truly magical place. With a strong focus on exploring the Peninsula in all its incomparable glory, this voyage offers the perfect introduction to Antarctica for those whose time may be limited, but whose spirit of adventure is boundless. Prepare yourself for a trip into an otherworldly environment populated by breathtaking icebergs, the comedic stylings of various penguin species, seals lounging on drifting ice, and the ever-present possibility of encountering curious Orca or Humpback whales.

### HIGHLIGHTS

- Visits to some of the most stunning bays and channels of the Peninsula
- Magnificent wildlife encounters with penguins, whales, seals, and seabirds
- Zodiac cruising amongst colossal glaciers and massive icebergs

### VOYAGE DATES ABOARD MS SEAVENTURE

Arrive	Board	Disembark
Nov 9, 2025	Nov 10, 2025	Nov 19, 2025
Feb 16, 2026	Feb 17, 2026	Feb 26, 2026

### VOYAGE DATES ABOARD OCEAN ALBATROS

Arrive	Board	Disembark
Nov 13, 2026	Nov 14, 2026	Nov 23, 2026

### Day 1, Arrive in and explore Ushuaia

After a friendly welcome at the airport and a transfer to the Arakur Ushuaia Resort & Spa (or another of Ushuaia's popular hotels), take some time to unwind or explore the southernmost city in the world, Ushuaia.

Our evening briefing is your opportunity to ask questions and meet some of your fellow explorers.

### Day 2, All aboard!

Spend your morning relaxing at the hotel, visiting a museum, or exploring the shops in Ushuaia, before our mid-afternoon escort to the ship. Our Expedition Team and ship staff will welcome you on board and get you settled in, followed by a safety and orientation briefing and our Captain's welcome dinner. We're on our way to Antarctica!



### Days 3-4, Drake Passage

Join our Polar Experts as they share their vast knowledge of Antarctica, from its enchanting wildlife to its bold history. Participate in our pioneering Citizen Science program or sit back and take in this fabled journey while catching glimpses of rarely seen wildlife. Keep your binoculars handy to identify the many seabirds that escort our ship as we cross the Antarctic Convergence into Antarctica's waters and noticeably cooler temperatures.

### Day 5, South Shetland Islands

Over time, the volcanic activity of the South Shetland Islands has created a geology unlike any other. Here, you can expect a spectacular display of mountains, glaciers, and wildlife including Chinstrap and Gentoo penguins; and it's not uncommon to share the water's edge with Elephant and Fur seals. Whales are often spotted as well. So, we'll settle into our Zodiacs and spend most of our day exploring. And kayakers, it's time to get your first taste of gliding just inches off the pristine Antarctic water. Whether on land or sea, in zodiac or kayak, be prepared for a fully immersive introduction to this incomparable part of the world.

### Days 6-8, Glorious Antarctica

Here's our chance to explore any number of picturesque bays and harbors, while maneuvering through icebergrich channels and into wildlife-rich waters. We'll likely be joined by numerous species of enchanting penguins, seals, and whales, both in the sea and along the rugged coastlines. And there will be great opportunities to stop at several active scientific bases and historic landing sites during our typical two-a-day outings. A night of camping under the stars is also an unforgettable highlight for those who sign up. Our focus is always on the longest and most adventurous off-ship experience, so be prepared to take in all that Antarctica has to offer.

### Days 9-10, Drake Passage

We leave this magical place and make our way north, once again crossing the legendary Drake Passage. We have one last hurrah as we celebrate the conclusion of our expedition with a special slideshow and a final meal together.

### Day 11, Ushuaia disembarkation

With huge smiles on weary, content faces, we disembark in the morning, letting you catch a flight to Buenos Aires or stay in Ushuaia for more sights and adventure.



## Kayaking among icebergs

### Seeing Antarctica...from a penguin's point of view

To experience Antarctica up close and personal, there's really no better seat than the one in your kayak, just inches above the water, navigating among icebergs and glacial ice dating back 30,000 years.

Gliding through an otherworldly landscape with a small team, led by our expert guides and occasionally joined by a family of playful penguins or seals, this is about as intimate and magical as it gets.

We offer 2 distinct kayaking programs on all voyages. Details below.



### "WONDERFUL KAYAKING EXPERIENCE"

The kayak guides provided a wonderful, safe and informative kayaking experience. Their soothing confidence helped me really relax and enjoy the ride.

— Anna F. — Lisa F.

## Immersive Kayaking

### LIMIT 10 PARTICIPANTS

This program is designed for those more experienced guests who want to kayak as much as possible during their voyage. Immersive Kayaking is limited to 10 participants, with a dedicated kayak guide and safety Zodiac. Immersive paddlers will have the opportunity to kayak during most excursions and landings, weather and conditions permitting.

## **Discover Kayaking**

breathtaking.

"KAYAKING WAS MAGICAL"

### PARTICIPANT LIMIT VARIES BY VOYAGE\*

The kayaking experience was magical. Being eye level with the whales and ice was truly

This program is designed for those guests who just want a taste of the Antarctic kayaking experience. Each participant kayaks once per voyage in a group of 14 with a dedicated guide team and safety Zodiac. Total number of available kayaking spots on each departure will vary by itinerary length and weather, but we aim to get groups on the water at every opportunity.

### Advanced booking is highly recommended and requires a 20% deposit

\* Because the number of kayaking opportunities will vary by voyage, we are setting the pre-booking availability for Discover Kayaking very conservatively, with 28 spots for Adventures in Antarctica and FSG voyages, 42 spots on Celebrating Antarctica voyages, and 56 spots on Circle Crossing voyages. In the event that additional spots are available on board, we will offer them to any interested pax, on a first-come, first-served basis.

### THE DETAILS:

Anyone 14 or older, in reasonably good health and with even a small amount of paddling experience is welcome to join.

Prior to your first kayaking adventure, our guides will do a thorough job of handing out and explaining all your gear, as well as the basic rules of operating an ocean kayak.

Typical excursions last anywhere from 1-3 hours.

### WE PROVIDE:

High Density Polyethylene (HDPE) tandem (two-man) kayaks with paddles, dry suits, personal floatation devices (PFDs), and pogies (neoprene gloves.)

### YOU PROVIDE:

Guests pre-booked on both of our kayak programs should read and follow the detailed preparation notes sent prior to departure. Make sure to bring warm layers and a keen sense of adventure!

You can find a complete FAQ at <u>polar-latitudes.com/kayaking-programs</u>







## Take your photography to the next level

A professional coach for every camera and skill level

Shooting photographs in Antarctica is a unique privilege ... and also a unique challenge. The weather and lighting conditions can change dramatically in a matter of minutes, and an incredible opportunity can present itself at any moment. When you do capture that unexpected wildlife encounter, or the spectacular Antarctic landscape just as the sun is setting it ablaze, you've preserved a moment on earth that few people will ever get to see — unless they're lucky enough to follow you on Instagram.

Our professional photography coaches are here to help you make the most of every photo opportunity, whether you're a fully equipped landscape photographer or someone armed only with a cellphone camera and an unlimited love of nature and beautiful imagery. From basic instruction, to the best way to shoot from a moving Zodiac, to the complexities of handling the very tricky relationship between snow, ice, and Antarctica's ever-shifting light, our coaches have mastered every kind of situation this environment and its inhabitants can place in your lens' path. They'll show you how to make the most of every opportunity.

Presentations and briefings will help you better understand your camera, learn a few tricks of the trade, and better master the day's unpredictable weather and environment. Your coach is with you in the field sometimes accompanying you in a Zodiac, with you on a shore landing, or sitting at the table next to you at dinner, ready and willing to answer any question, or pass along an inside tip earned through years of experience in Antarctic waters. Don't hesitate to ask!

At the end of each trip, passengers are invited to submit photos to our photo contest on board. Finalists are selected by our photography coach, and winners chosen by the cheers, "oohs" and "aahs" of fellow passengers at a festive event in our lounge.

The photography coach is also our trip's documentary photographer, capturing the expedition's many highlights, which are shared at an event at the end of your voyage, and given to each passenger as a valued keepsake.

### More about our photography coaches.

Our coaches are experienced professionals with a wide range of specialties and skills. While their backgrounds vary, their passion for the outdoors and Antarctica in particular is a common thread they share. They are deeply knowledgeable of cameras and film equipment of every kind, and take great joy in sharing their knowledge with photographers of every level of experience.

Download our Ultimate Guide to Photographing in Antarctica!

## WE COME TO EXPLORE. WE ALSO COME TO PROTECT.



As our co-founder John McKeon is fond of saying, no one will fight to protect what they've never seen. Conversely, to see Antarctica is to love it, to be moved by it, to want to preserve it. So, we view every journey as an opportunity to send back into the "real world" 138 advocates for this incredible – and incredibly still wild – place. It's why we host world-renowned climate scientists from institutions like Woods Hole Oceanographic Institution, why we were the first Antarctic travel company to have a Citizen Science program on board every voyage, and why we were proud to host Homeward Bound - a worldwide Woman's Leadership in Science program.

From minimizing fuel consumption per passenger, to updating our waste management systems to the highest standards possible, to the tiniest details having reusable water bottles for passengers who need one, we are committed to protecting the last wild place on earth, and inspiring others to do the same.

## Citizen Science on every voyage

Having a Citizen Science program on every voyage is an effort we pioneered, as the very first Antarctic operator to officially collaborate with The Polar Citizen Science Collective. We continue to team up with them on several projects, giving our passengers the chance to play a meaningful role in recording and better understanding the Antarctic ecosystem and the impact of climate change. This is particularly helpful in the Antarctic, where we support long-term academic observation teams that would find it nearly impossible to be as ever-present on their own.



WE SUPPORT AND

The projects offered may vary slightly by voyage and scientific need. Everyone is welcome to participate. If interested, please see the onboard daily bulletin and join the scheduled Citizen Science Introduction Meeting at the start of your voyage. There is no additional cost.



## Ongoing projects

## COLLECTING DATA FOR THE SOUTH GEORGIA BIG SEAWEED SEARCH

The aim of this project, led by scientists from London's Natural History Museum, is to study the seaweed diversity and distribution in South Georgia, assessing threats from climate change and invasive species.

## CLOUD OBSERVATIONS FOR NASA GLOBE OBSERVER

By observing and recording cloud cover & type timed to NASA satellite fly-overs, we help scientists understand how surface and air temperature are affected by cloud cover, and how clouds respond to a changing climate.

## PHYTOPLANKTON DATA FOR SCRIPPS INSTITUTION OF OCEANOGRAPHY

By collecting phytoplankton samples in fjord systems along the Antarctic Peninsula, we help scientists obtain a seasonal picture of phytoplankton abundance, composition, and distribution, as well as how phytoplankton are influenced by (increasing) melt-water inflow from glaciers.

## SEABIRD SURVEYS FOR THE CORNELL LAB OF ORNITHOLOGY AND EBIRD

The project is building a long-term ecological monitoring program of seabirds in the Southern Ocean and along the Antarctic Peninsula. These recordings help researchers understand how birds use oceanic habitat, to discover new details about the lives of these remote species, and ultimately how their behavior and populations might be changing as a result of climate change.

## SECCHI DISK STUDY FOR THE SECCHI DISK FOUNDATION

Measuring Secchi depth, a measure of the depth at which you lose water clarity, is another important indicator of the relative abundance of phytoplankton, critical to Antarctica's food chain. Using a Secchi Disk, our Citizen Scientists record and report findings to The Secchi Disk Foundation in the UK.



Collecting phytoplankton data for Scripps Institution

# A pioneering technology to both discover and protect our planet's most awe-inspiring citizens

A sudden whale sighting is bound to be a highlight of any Antarctica voyage. But on occasion, direct whale encounters with ocean vessels can put these marvelous creatures at risk. In 2024, Polar Latitudes began teaming up with Woods Hole Oceanographic Institution to incorporate a state-of-the-art whale detection system on all our voyages. This technology helps us identify whales in our immediate area, increasing your opportunity to experience them up close, while increasing our ability to keep the ship at a safe distance.





## Gearing up for the last wild place on earth

An obvious (and totally warranted) question when traveling to a place as wild, unpopulated, and remote as Antarctica is, "What do I need to pack?" It's true that Antarctica is cold, and the weather can be unpredictable, but the ship is very comfy, and a few key articles of clothing will do the trick to fight off the elements when out and exploring – not unlike what you might pack for a ski vacation, with a few additional suggestions. We supply the expedition jacket and muck boots you'll need on every outing, plus our custom-designed MCKEON down-filled jacket (named for our founder and yours to keep!), which makes a great mid-layer; but other important items to pack are:

- Waterproof ski-type pants (essential)
- Base layers, for both your legs and upper body (also essential)
- In addition to our MCKEON down jacket, a good wool sweater or additional body-hugging mid-layer is always good to have on hand
- Heavy long socks, thick waterproof gloves and a good warm hat (no surprise there)
- Polarized sunglasses (a must)
- Sunscreen (yes, it's cold, but the sun can be surprisingly strong)

- Balaclava or other face-covering (a good idea, for when the wind picks up)
- A bathing suit for the polar plunge (Oh, yes you will!)
- Casual comfortable gear for on board. You can leave the tux at home, we're pretty informal on the ship
- Workout gear, if you intend to hit the onboard gym
- A dry bag, or other waterproof bag to protect your phone and camera gear when in a zodiac or on shore
- Photographers download our detailed photography guide (see page 12) for more advice and pro tips

No need to stress. Should you book with us, we'll give you a much more detailed packing list, along with all the other details you'll need to know before you step on a plane, and eventually on our ship.



# A professional-grade expedition jacket, and a down-filled mid-layer for you to keep

Our time-tested expedition jackets, yours to use throughout the trip, are custom-designed with Antarctica in mind. They're lightweight, waterproof, and wind-resistant. They hug the body, are both warm and breathable, and feature a high collar and generous overall length that will keep the chill and sea mist from ever sneaking up on you. We added plenty of sturdy loops to secure gloves, a water bottle, or a GoPro, ensuring that nothing goes overboard. Waterproof inside pockets will keep your personal items dry and safe at all times.

## With you on every future journey: An exclusively designed down jacket, named for our founder.

In addition to our loaner expedition jacket, you'll receive our black MCKEON down jacket, named for our founder John McKeon, and created exclusively for us by Shackleton London. This versatile, lightweight jacket combines high functionality and everyday stylishness and is yours to keep, providing exceptional service for years – if not decades – to come, wherever your exploration may take you.







## We double-dog dare you

One of the definite highlights of every voyage is the Polar Plunge, a chance for all our adventurous, thrill seeking, and just plain crazy passengers to strike a pose while hurtling into the frigid Antarctic waters... if only for a few seconds. You might call it "the ultimate immersive Antarctica experience." Trust us, it's more fun than it looks.

## Two purpose-built ships. One purpose.

Our two ships, MS Seaventure and Ocean Albatros, might appear to be quite different. And there are, indeed, obvious physical differences. But more importantly for us (and we hope for you) are the things they have in common, starting with a strong emphasis on delivering a deeper, more unforgettable Antarctic engagement. Both ships boast the highest ice rating for any passenger ship, delivering a smoother, more comfortable voyage, even through the notorious Drake Passage, while enabling greater access to Antarctica's more elusive corners – and secrets. Both ships provide a range of onboard pampering experiences; but perhaps more importantly, they are both designed to facilitate a remarkably seamless transition from onboard casual luxury, to off-ship exploration and discovery. And finally, both place the highest premium on sustainable practices and leaving a minimal carbon footprint in their wake.

### Seaventure: a small but mighty ship

- $\checkmark$  Built for Antarctic waters
- $\checkmark$  Highest passenger ship ice rating
- $\checkmark$  Small-ship, personalized luxury
- $\checkmark$  Full wrap around viewing deck
- ✓ Multiple outdoor event spaces
- ✓ Oversized viewing windows throughout
- ✓ Multiple dining areas, gym, sauna

### Ocean Albatros: a next generation ship

- $\checkmark$  Next-generation expedition ship with A1 ice rating
- $\checkmark$  Patented X-Bow design delivers a smoother ride
- $\checkmark$  Two Jacuzzis offer panoramic views
- ✓ Well-appointed wellness center, spa, gym.
- $\checkmark$  Multiple observation decks and access points
- $\checkmark$  Most rooms have balconies
- $\checkmark$  50% lower carbon footprint





MS Seaventure



Ocean Albatros

## Impeccable amenities

### ALL VOYAGES INCLUDE

- One Hotel Night
- Certified Emergency MD and Clinic
- World Class Cuisine and Live Entertainment
- Complimentary Coffee/Tea station
- Beer and wine included with dinner
- Professional Photography Coach
- Dedicated Passenger Service Manager
- Expedition jacket on loan; custom down jacket to keep



Ocean Albatros



### SHIP FACILITIES

#### Seaventure

- Two Elevators serving all passenger decks
- Fitness Center and Sauna
- Citizen Science Laboratory
- 360 viewing deck

#### **Ocean Albatros**

- Two Jacuzzis with panoramic views
- Fitness center, spa
- Fine cuisine in two restaurants
- Multiple observation decks

Ocean Albatros

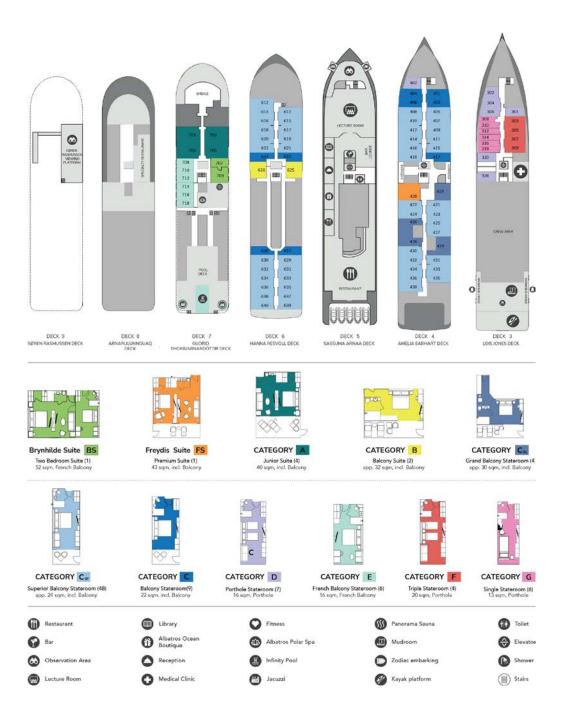
### ALL STATEROOMS FEATURE

- Exterior views
- Sitting area with chairs or sofa and table
- Complimentary Mini-Bar
- Flat Screen TV
- Telephone
- Safe to store your valuables
- Independent temperature controls
- Luxury toiletries
- Hair dryer



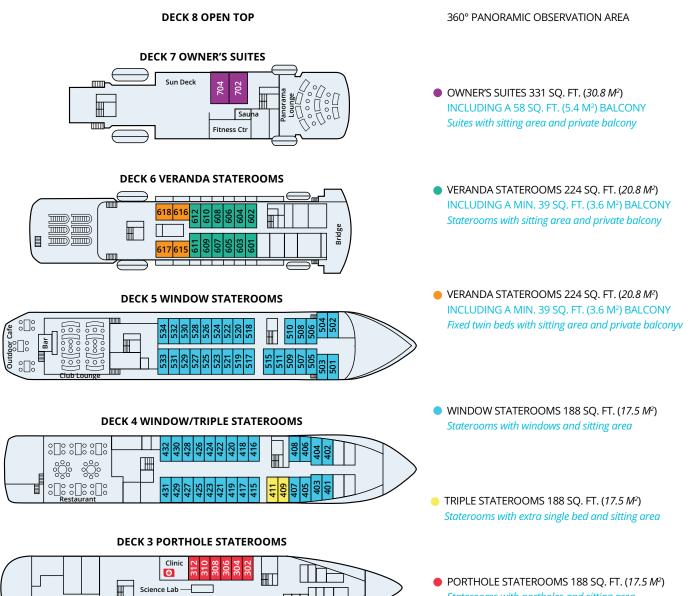
MS Seaventure

## Ocean Albatros deck plan



Learn more about the Ocean Albatros | See our Rates & Dates page for current cabin pricing

## MS Seaventure deck plan



Staterooms with portholes and sitting area

Learn more about the MS Seaventure

### Hotel Partners In Ushuaia



## A member of the Leading Hotels of the World

All of Polar Latitudes' departures begin with an overnight stay at the Arakur Ushuaia Resort & Spa, among the finest hotels in the world. (In the unlikely event that you can't be accommodated at the Arakur, you'll unwind at another of Ushuaia's popular hotels.) Settle in, attend the optional evening briefing, meet your fellow explorers, or stretch your legs on one of the surrounding hiking trails. It's the perfect place to begin leaving the world behind, as you prepare for the journey of a lifetime.





A network of hiking trails begins at the hotel and winds its way through beautiful forest, prairie and mountain settings, while state of the art spa & exercise facilities offer guests a plethora of pleasant activities.

The Lobby Piano Bar features splendid views and an assortment of tasty local treats to accompany your cocktails. The Resort's "La Cravia" restaurant offers both Argentine and international cuisine. Typical dinner entrees include Argentine barbecue, spider crab, lamb and black hake.

In the morning enjoy a complimentary breakfast before your afternoon departure. Relax at the resort, or head into Ushuaia for some preembarkation shopping.



Photo Credit: John Huet



## We are all explorers

There's something about this place – Antarctica – that awakens the inner explorer in everyone privileged enough to experience it. The massive sculptural landscape, the endless abundance of wildlife, and the near-complete silence that accompanies you – punctuated by the occasional rumble of a calving glacier or a whale calling out in the night. It's easy to understand why so many legendary explorers were drawn to its shores, its mountains, its mystique.

Our job, as we see it, is to ignite that explorer's spirit in everyone who travels with us, from your first footsteps on board one of our two purpose-built ships, Seaventure or Ocean Albatros, to your final disembarkation as a newly anointed Antarctic ambassador, ready to head back home, both exhausted and invigorated, and most certainly changed forever. In between, we offer the most immersive Antarctic experience of any operator – in a spirit of discovery, camaraderie, and shared fun. Our ships are small enough to provide a high level of personalized service, yet mighty enough to escort you into some of the continent's more challenging - and exciting - environments. Once there, our twice-daily outings are among the longest offered by anyone. More time to explore. More Antarctica to discover. More memories to take home with you.

Take a much-deserved break from the socalled civilized world and join us on the ultimate trip of a lifetime, in the last wild place on earth. Your inner explorer will be so glad you did., ready to head back home, both exhausted and invigorated, and most certainly changed forever.



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