



POLAR LATITUDES
EXPEDITIONS

Shore Excursions

South American Explorer:
Temples, Jungles & the Panama Canal

Lima to Colón • April 6–15, 2027





Excursions at a Glance

Alongside the expedition program, this voyage includes guided shore excursions exploring the extraordinary cultural and natural diversity of the Pacific coast of South and Central America.



At ports offering more than one included excursion, each guest may select one option. Some excursions have limited capacity and are subject to availability.

Durations are approximate. Activity levels reflect the overall physical effort and terrain involved.

PORT	EXCURSION	DURATION	ACTIVITY LEVEL
Salaverry	A Trujillo: Huacas of the Sun & Moon, and City Tour	5 h	
	B Trujillo: Chan Chan, Chimú Civilization, and City Tour	5 h	
Puerto López	A Machalilla National Park	8 h	
	B Isla de la Plata by Local Boat	6 h	
Manta	Manta, Montecristi & Cacao Heritage Experience	8 h	
Utría	Utría National Natural Park Experience	All day	Varies
Bahía Solano	A Bahía Solano Town Walk	3 h	
	B Bahía Solano Birdwatching & Nature Walk (LIMITED)	4 h	
	C Botanical Gardens of the Pacific (LIMITED)	3.5 h	





SALAVERRY, PERU • APRIL 7, 2027: OPTION **A**

Trujillo: Huacas of the Sun & Moon and City Tour

Journey into the Moche Valley to discover one of northern Peru's most important archaeological landscapes. Begin at the site museum, where exhibits introduce the beliefs, artistry, and history of the ancient Moche civilization before continuing to the impressive Huaca de la Luna.

Explore this remarkable adobe ceremonial complex, known for its vivid and exceptionally preserved friezes depicting Moche mythology and ritual life. Afterward, continue to Trujillo for a guided walk through the Main Square and surrounding colonial architecture.

EXCURSION HIGHLIGHTS

- ✓ Discover the ancient ceremonial landscapes of the Moche Valley
- ✓ Learn about Moche culture at the on-site museum
- ✓ Explore the vividly decorated Huaca de la Luna
- ✓ Discover Trujillo's Main Square and colonial architecture



Duration Approx. 5 hours

Activity Level ● ○ ○ ○ ○

Transport Coach & walking

Meals One bottle of water included

Price Included



SALAVERRY, PERU • APRIL 7, 2027: OPTION **B**

Trujillo: Chan Chan, Chimú Civilization and City Tour

Discover the legacy of the Chimú civilization at Chan Chan, the vast adobe city that once served as the center of one of pre-Columbian South America's most powerful cultures.

Begin at the Chan Chan Site Museum before exploring the archaeological complex itself. Visit Nik An Palace, formerly known as Tschudi Palace, and walk through ceremonial plazas, audience halls, reservoirs, and storerooms that reveal the organization and daily life of the Chimú people. Continue to Trujillo for a guided introduction to its colonial Main Square and historic center.

EXCURSION HIGHLIGHTS

- ✓ Explore Chan Chan, the largest adobe city in the Americas
- ✓ Discover Chimú history and culture at the Site Museum
- ✓ Visit Nik An Palace and its ceremonial structures
- ✓ Explore Trujillo's colonial Main Square and historic center



Duration Approx. 5 hours

Activity Level ● ○ ○ ○ ○ ○

Transport Coach & walking

Meals One bottle of water included

Price Included



PUERTO LÓPEZ, ECUADOR • APRIL 9, 2027: OPTION A

Machalilla National Park

Discover the natural beauty and cultural heritage of one of Ecuador’s earliest protected areas. Begin at Los Frailes Beach, where tropical dry forest meets a pristine Pacific coastline rich in birdlife and other wildlife.

After a three-course lunch overlooking the coast, continue to the community of Agua Blanca. Visit its small archaeological museum to learn about the region’s pre-Columbian cultures, including the Manteña people, before exploring a community where their descendants continue to preserve local traditions and ways of life.

EXCURSION HIGHLIGHTS

- ✓ Visit the protected landscapes of Los Frailes Beach
- ✓ Explore tropical dry forest and diverse coastal ecosystems
- ✓ Discover pre-Columbian artifacts at the Agua Blanca museum
- ✓ Meet members of the Manteña descendant community
- ✓ Enjoy a three-course lunch overlooking the Pacific coast



Duration	Approx. 8 hours
Activity Level	●●○○○
Transport	Coach & walking
Meals	Three-course lunch and one soft drink included
Price	Included
Good to Know	The excursion includes uneven, sandy, and potentially muddy terrain. Some optional stairs are encountered at the museum and viewpoint.



PUERTO LÓPEZ, ECUADOR • APRIL 9, 2027: OPTION **B**

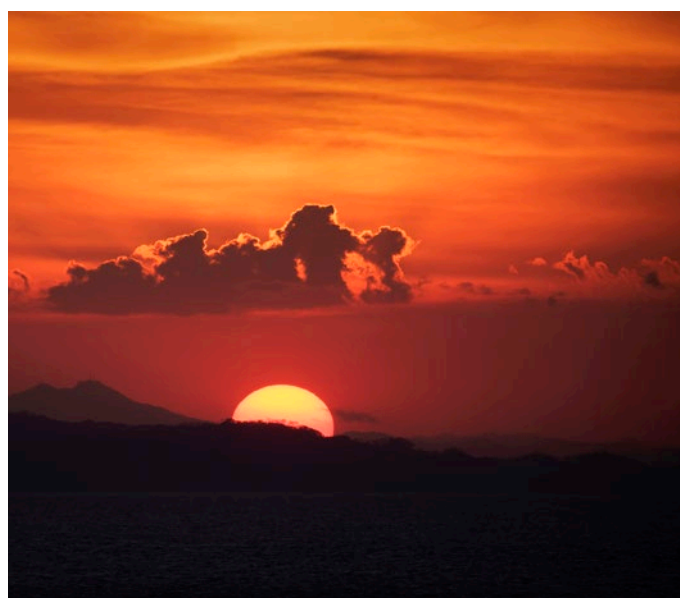
Isla de la Plata by Local Boat

Travel by boat from Puerto López to Isla de la Plata, part of Machalilla National Park and one of Ecuador's most important seabird habitats. During the approximately 90-minute crossing, keep watch for dolphins and other marine life.

After a wet landing, set out on a guided hike across the island. Look for blue-footed, red-footed, and masked boobies, frigatebirds, pelicans, and other seabirds while enjoying sweeping views across the Pacific. The trail includes a significant stair ascent to one of the island's higher viewpoints before returning by boat to Puerto López.

EXCURSION HIGHLIGHTS

- ✓ Cruise from Puerto López with opportunities to see dolphins and marine life
- ✓ Explore one of Ecuador's most important seabird habitats
- ✓ Look for blue-footed boobies, frigatebirds, pelicans, and other species
- ✓ Hike to panoramic viewpoints overlooking the Pacific Ocean
- ✓ Discover the wildlife and natural history of Isla de la Plata



Duration Approx. 6 hours

Activity Level ●●●○○

Transport Boat & hiking

Meals Water and snack box included

Price Included

Good to Know

A wet landing and strenuous walking are involved, including an ascent of 150+ steps. This excursion is not suitable for wheelchair users.



MANTA, ECUADOR • APRIL 10, 2027

Manta, Montecristi & Cacao Heritage Experience

Discover the culture, traditions, and flavors of Ecuador's Pacific coast on a full-day journey through Manta, Montecristi, and the surrounding countryside.

Begin at Manta's lively fish market, where local fishermen return from the Pacific with their catch and the rhythms of everyday coastal life unfold along the waterfront. Continue to Montecristi, celebrated as the birthplace of the finely woven toquilla straw hat commonly known as the Panama hat. Discover the craftsmanship behind this UNESCO-recognized tradition and explore the town's cultural heritage.

The journey then continues into the hills to a traditional cacao farm. Walk among cacao trees, learn about the crop's historical and economic importance to Ecuador, and follow the journey from bean to chocolate before enjoying a tasting. A three-course lunch at a local venue completes the experience before returning to the ship.



EXCURSION HIGHLIGHTS

- ✓ Experience Manta's lively fish market and coastal culture
- ✓ Discover Montecristi's renowned toquilla hat tradition
- ✓ Watch local artisans demonstrate traditional weaving techniques
- ✓ Visit a cacao farm and learn how cacao becomes chocolate
- ✓ Taste Ecuadorian chocolate and enjoy a three-course lunch

Duration Approx. 8 hours

Activity Level ●●○○○

Transport Coach & walking

Meals Three-course lunch and one soft drink included

Price Included

Good to Know Some uneven terrain is encountered at the cacao farm.





UTRÍA NATIONAL NATURAL PARK, COLOMBIA • APRIL 12, 2027

Utría National Natural Park Experience

Discover one of Colombia's most remarkable protected landscapes, where tropical rainforest, mangroves, beaches, and the marine ecosystems of the Pacific come together in the remote Chocó region.

Dense forested foothills descend directly toward the sea around Utría Cove, creating a landscape that changes dramatically with the rise and fall of the tides. The park's pristine ecosystems support an extraordinary diversity of plant and animal life, while its coastal communities maintain deep cultural connections with this remote environment.

Rather than following one fixed excursion itinerary, the day may include a combination of guided rainforest walks, mangrove exploration, Zodiac cruising, beach time, wildlife observation, and cultural experiences. The exact program will be determined by the Expedition Team according to local tidal conditions.

POSSIBLE EXPERIENCES

- ✓ **Rainforest Walk:** approx. 2 hours; more active walking through streams, forest, and an uphill mud-and-stone trail
- ✓ **Mangrove Walk:** approx. 1.5 hours on raised walkways through mangrove and rainforest ecosystems
- ✓ **Playa Blanca Beach:** beach time, swimming, and relaxation when tidal conditions allow
- ✓ **Zodiac Exploration:** scenic exploration between landing areas within the national park
- ✓ **Afro-Pacific Vocal Concert:** cultural experience highlighting local musical traditions

EXCURSION HIGHLIGHTS

- ✓ Explore rainforest, mangroves, beaches, and Pacific coastal ecosystems
- ✓ Discover the extraordinary biodiversity of Colombia's Chocó region
- ✓ Learn about local plants, wildlife, and conservation
- ✓ Experience landscapes transformed by the region's dramatic tides
- ✓ Connect with the natural and cultural heritage of Colombia's Pacific coast

Duration All day

Activity Level Varies by activity

Transport Zodiac, local launch & walking

Meals Lunch on board; refreshments available during selected activities

Price Included

Good to Know All activities in Utría are tide-dependent. The final activity program and timings cannot be confirmed until local tide information becomes available closer to the call.





BAHÍA SOLANO, COLOMBIA • APRIL 13, 2027: OPTION **A**

Bahía Solano Town Walk

Step ashore in Bahía Solano and discover the rhythm of everyday life in this remote Pacific coastal community. Begin with a visit to the local secondary school before walking through colorful streets, small businesses, and community landmarks with a local guide.

Continue to the fishing port to learn about one of the town's most important industries, then finish along the Malecón with an Afro-Pacific dance performance and a small artisan market.

EXCURSION HIGHLIGHTS

- ✓ Meet local students and discover community life
- ✓ Explore Bahía Solano's streets and landmarks
- ✓ Visit the fishing port and learn about the local industry
- ✓ Enjoy an Afro-Pacific dance performance
- ✓ Browse locally made handicrafts at the Malecón



Duration Approx. 3 hours

Activity Level ●●○○○

Transport Zodiac & walking

Meals Not included

Price Included



BAHÍA SOLANO, COLOMBIA • APRIL 13, 2027: OPTION **B** LIMITED

Bahía Solano Birdwatching & Nature Walk

Enter the tropical rainforest surrounding Bahía Solano with a specialist birding guide and discover one of Colombia's richest natural environments.

Walk forest trails at a relaxed pace with frequent stops to observe and identify birdlife by sight and sound. Look for toucans, hummingbirds, tanagers, and other resident or migratory species while learning about their habitats and conservation. Along the way, discover native trees, medicinal plants, and the interconnected ecosystems that support an extraordinary variety of wildlife.

EXCURSION HIGHLIGHTS

- ✓ Explore tropical rainforest with a specialist birding guide
- ✓ Look for toucans, hummingbirds, tanagers, and other birdlife
- ✓ Learn to identify species by sight and sound
- ✓ Discover native trees, plants, and rainforest ecology
- ✓ Enjoy frequent stops for wildlife observation and photography



Duration	Approx. 4 hours
Activity Level	●●○○○
Transport	Walking
Meals	Not included
Price	Included
Availability	Limited to 15 guests
Good to Know	Uneven forest trails, high humidity, and possible rain should be expected. Binoculars are recommended.



BAHÍA SOLANO, COLOMBIA • APRIL 13, 2027: OPTION  LIMITED

Botanical Gardens of the Pacific

Cross Solano Bay by Zodiac to a protected natural reserve before continuing by small launch through winding mangrove channels into the tropical rainforest.

The Botanical Gardens of the Pacific protect more than 69 hectares of habitat dedicated to conservation, education, reforestation, and the preservation of native species. During an approximately two-hour guided walk, discover the region's extraordinary flora and fauna and learn how local and Indigenous knowledge is connected to the forest, including traditional uses of native plants and fungi.

The experience concludes along the beach with refreshments before returning to the ship.

EXCURSION HIGHLIGHTS

- ✓ Cross Solano Bay by Zodiac and explore mangrove channels by launch
- ✓ Walk through protected tropical rainforest
- ✓ Learn about reforestation and the reserve's regional seed bank
- ✓ Discover local and Indigenous knowledge of native plants
- ✓ Enjoy beach time and refreshments before returning to the ship

Duration Approx. 3.5 hours

Activity Level ●●○○○

Transport Zodiac, local launch & walking

Meals Light refreshments included; lunch not included

Price Included

Availability Maximum 30 guests

Good to Know Participants must be fit and comfortable on uneven or slippery terrain. Footwear with good grip is required. A waterproof bag is recommended for camera equipment.





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